

Question:

Why did Nakayama Sensei create the Dojo Kun?

Answer:

Dojo Kun was not created by Nakayama Sensei but by Master Funakoshi, the father of Shotokan Karate. We are not certain what he had in mind, but the words are self-explanatory, especially #5, "REFRAIN FROM VIOLENT BEHAVIOR." We repeat them at the end of every class with the hope that they will become engrained in our minds, and if we are ever tempted to commit an act of violence, dojo kun will be a reminder that karate should never be used aggressively but only in self-defense.